
SUBSTANCE ABUSE AND MISUSE POLICY

(2023-2024)

Policy Code:	EHS-10-2023
Approved by:	Ms. Suzan Khashan
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Substance Abuse and Misuse

Policy

Al Shorouq Private School believes it has a duty to inform and educate young people on the consequences of drug use and misuse. The school takes a pro-active stance on this matter, believing that health education is a vital part of the personal and social education of every student. The school is committed to the Health & Safety of all its members and will take action to safeguard their well-being.

Aims

- To provide accurate information about substances
- To enable students to develop skills and make informed choices
- To provide opportunities to examine and challenge attitudes
- To increase understanding about the implication and possible consequences of substance use and misuse
- To promote a positive self-image and to create in students a sense of responsibility for themselves and others
- To increase understanding about related health and social issues
- To enable students to identify sources of appropriate personal support and advice

Education Programme

In health lessons, we teach students to have respect for their bodies, how to look after themselves and their own health and what to avoid as risky behaviours and choices. Drug awareness education will be based on MOE guidelines and will acknowledge cultural awareness

throughout. It will be provided primarily through the Health Science programme as part of students' life skills and preparation for adulthood. Opportunities to reinforce learning will occur in other areas of the curriculum, for example in English and Sports Studies.

The general principles of our programme are as follows:

To be taught with a variety of teaching styles to include group work and active student participation



There will be opportunities for students to practice skills such as decision-making, resisting pressure, assertiveness and communication

The approach used will be appropriate to the age and needs of students

It should be provided at regular intervals throughout their school career so as to maximize its effectiveness

Sensitive teaching is required to acknowledge cultural, religious and individual differences

Consideration for those students whose “family” may have experience of substance misuse

It should be evaluated at regular intervals to inform future plans

Any outside speakers will be informed of the values within this policy and will work alongside the teachers according to Dubai Health Authority and KHDA regulations.